

# Hampton Roads Mental Health Resources

What should I do if I have an emergency?

Call **911** for medical or police-related emergencies.

Suicide Prevention Hotline:

Call **800-273-8255**

Definition of CSB:

A Community Service Board is the primary provider of public mental health, substance abuse, and intellectual disabilities services. A continuum of services span from outreach and prevention through intensive psychiatric care, provided by highly clinically-oriented service professionals with expertise in these service areas.

Most of their services enter into the system through intake, emergency intervention, hospital liaison, court services, and outreach.

Services can include medical care, psychiatric care, therapy, case management, support services, housing support, and outreach.

Although supported with public funds, services are highly dependent on ability to bill insurance providers, primarily Medicaid.

## Community Services Boards (CSB) in Norfolk, VA

- Intake, CSB, 225 W. Olney Road, Norfolk - 757-823-1600 or 757-664-7690
- Intake, CSB, 7460 Tidewater Drive, Norfolk - 757-664-6670
- CSB, 6401 Tidewater Drive, Norfolk - 757-441-1186
- CSB, 3755 Va. Beach Blvd, Norfolk - 757-664-7699
- CSB, Integrated Care Clinic, Norfolk - 757-664-7699

## Community Services Boards in Hampton Roads

- Chesapeake - 757-547-9334 (emergency)
- Eastern Shore - 757-422-7707 (emergency)
- Hampton/Newport News - 757-788-0011 (emergency)
- Portsmouth - 757-393-8990 (emergency)
- Virginia Beach - 757-385-0888 (emergency)
- Western Tidewater (Suffolk) - 757-942-1069 (emergency)

Colonial Services Board (Williamsburg) - 757-220-3200 (crisis intervention)

Norfolk Adult Protective Services - 757-664-7763

## Behavioral Health Hospitals for All Age Groups

- Bon Secours Maryview Behavioral 757-398-2400 for crisis counselor and Medicine Center (Portsmouth) 757-398-2367 for information
- Riverside Behavioral Health Center 757-827-3199 for assessment and information (Hampton)
- Virginia Beach Psychiatric Center 757-496-6000

## National Organizations Accurate Information about Mental Health

NAMI (National Alliance on Mental Illness) Richmond - 804-285-8264 or 800-950-6264

Mental Health America of Virginia, Richmond - 804-257-5591

Bipolar Disorder Treatment Information Center - 608-827-2470

Borderline Personality Disorder Resource Center - 888-694-2273

American Psychiatric Association - 703-907-7300 or 800-368-5777

Anxiety Disorders of America - 240-485-1001

American Association of Suicidology - 202-237-2280

Brain and Behavior Research Foundation - 800-829-8289

National Institute of Mental Health - 866-615-6464

Additional resources:

Acute Care Center  
17579 Warwick Blvd.  
Newport News, VA  
[757-888-0400](tel:757-888-0400) or [1-800-697-0999](tel:1-800-697-0999)  
[newportnewsbhc.com](http://newportnewsbhc.com)

Children may be brought directly to the facility for evaluation and admission by parents, community service boards or under temporary detention orders by law enforcement.

Genesis Counseling Center  
2202 Executive Drive, Suite C  
Hampton, VA 23666  
757-598-2244 Fax: 757-369-3944