

**Hampton City Schools  
Breakfast Menu - Elementary Schools**



**BREAKFAST PRICES**

Elementary/Secondary - \$.90

Reduced - Free

Adult/Non-student - A la Carte

A variety of milk is offered daily.

Week 1					1
<i>Entrees ( Choose 1)</i>					Sausage Pancake on Stick
					Yogurt w/ Graham Crackers
					Fruit
<i>Fruits ( May Choose 2) *One fruit juice per meal</i>					Juice
<i>Milk (Choose 1)</i>					Milk
<b>Week 2</b>					<b>8</b>
<b>4</b>		<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
<i>Entrees ( Choose 1)</i>	Pop-tart & Mozzarella String Cheese Stick	WG Apple Cinnamon French Toast	Turky Ham, Egg & Cheese Croissantwisch	Bagel-ful	WG Fortified Donut
	Yogurt w/ Graham Crackers	Breakfast Smoothie w/ Graham Crackers	Yogurt w/ Graham Crackers	Breakfast Smoothie w/ Graham Crackers	Yogurt w/ Graham Crackers
<i>Fruits ( May Choose 2) *One fruit juice per meal</i>	Fruit	Fruit	Fruit	Fruit	Fruit
	Juice	Juice	Juice	Juice	Juice
<i>Milk (Choose 1)</i>	Milk	Milk	Milk	Milk	Milk
<b>Week 1</b>		<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
<i>Entrees ( Choose 1)</i>	Breakfast Pizza	Turkey Ham & Cheese on WG Hawaiian Bread	Beef Sausage & Cheese on Mini Bagel	Strawberry Crisp Bar	Sausage Pancake on Stick
	Yogurt w/ Graham Crackers	Breakfast Smoothie w/ Graham Crackers	Yogurt w/ Graham Crackers	Breakfast Smoothie w/ Graham Crackers	Yogurt w/ Graham Crackers
<i>Fruits ( May Choose 2) *One fruit juice per meal</i>	Fruit	Fruit	Fruit	Fruit	Fruit
	Juice	Juice	Juice	Juice	Juice
<i>Milk (Choose 1)</i>	Milk	Milk	Milk	Milk	Milk
<b>Week 2</b>		<b>18</b>	<b>19</b>	<b>20</b>	
<i>Entrees ( Choose 1)</i>	Pop-tart & Mozzarella String Cheese Stick	WG Apple Cinnamon French Toast	Turky Ham, Egg & Cheese Croissantwisch		
	Yogurt w/ Graham Crackers	Breakfast Smoothie w/ Graham Crackers	Yogurt w/ Graham Crackers		
<i>Fruits ( May Choose 2) *One fruit juice per meal</i>	Fruit	Fruit	Fruit		
	Juice	Juice	Juice		
<i>Milk (Choose 1)</i>	Milk	Milk	Milk		

This district is an equal opportunity provider.

As always, the choice of menu items belongs to the student. For optimum nutrition, students are encouraged to take all five components; however, if the student chooses three or four components, **one of the components must be a fruit or vegetable serving.**

Menu subject to change.