

Elementary - Grab Go to Class


Aberdeen, Andrews, Bassette, Cary, Cooper, Forrest (BIC), Kraft, Langley, Machen, Phillips, Smith, Tyler

		1	2
Entrees (Choose 1)	 <p>We're Hiring!</p> <ul style="list-style-type: none"> • Work while kids are in school! • Off when school is out! • Work M-F or create your own schedule! <p>JOB FAIR </p> <p>November 7, 2018 9am - 3pm On the spot interviews!</p> <p>Call 757-727-2350 for more information.</p>	Maple Pancakes	Oatmeal Breakfast Bun
		Yogurt and Grain	Yogurt and Grain
Fruits (May Choose 2) *One fruit juice per meal		Fruit	Fruit
		Juice	Juice
Milk Variety (Choose 1)		Milk - variety flavors	Milk - variety flavors

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	5	6	7	8	9
Entrees (Choose 1)	Crunch Mania - Bite Size Cinnamon Bun		Apple Cinnamon Bread	Beef and Cheese Sunrise Stick	WG Sausage Pancake on Stick
	<i>Yogurt and Grain</i>		<i>Yogurt and Grain</i>	<i>Yogurt and Grain</i>	<i>Yogurt and Grain</i>
Fruits (May Choose 2) *One fruit juice per meal	Fruit		Fruit	Fruit	Fruit
	Juice		Juice	Juice	Juice
Milk Variety (Choose 1)	Milk		Milk	Milk	Milk

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	12	13	14	15	16
Entrees (Choose 1)	Pop-Tart & Mozzarella String Cheese Stick	Turkey Ham and Cheese on Hawaiian	Beef Maple Sausage Breakfast	Maple Pancakes	Oatmeal Breakfast Bun
	<i>Yogurt and Grain</i>	<i>Yogurt and Grain</i>	<i>Yogurt and Grain</i>	<i>Yogurt and Grain</i>	<i>Yogurt and Grain</i>
Fruits (May Choose 2) *One fruit juice per meal	Fruit	Fruit	Fruit	Fruit	Fruit
	Juice	Juice	Juice	Juice	Juice
Milk Variety (Choose 1)	Milk - variety flavors	Milk - variety flavors	Milk - variety flavors	Milk - variety flavors	Milk - variety flavors

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	19	20	21	22	23
Entrees (Choose 1)	Crunch Mania - Bite Size Cinnamon Bun	Beef Sausage & Cheese on Mini Bagel			
	<i>Yogurt and Grain</i>	<i>Yogurt and Grain</i>			
Fruits (May Choose 2) *One fruit juice per meal	Fruit	Fruit			
	Juice	Juice			
Milk Variety (Choose 1)	Milk	Milk			

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	26	27	28	29	30
Entrees (Choose 1)	Pop-Tart & Mozzarella String Cheese Stick	Turkey Ham and Cheese on Hawaiian	Beef Maple Sausage Breakfast Sandwich	Maple Pancakes	Oatmeal Breakfast Bun
	<i>Yogurt and Grain</i>	<i>Yogurt and Grain</i>	<i>Yogurt and Grain</i>	<i>Yogurt and Grain</i>	<i>Yogurt and Grain</i>
Fruits (May Choose 2) *One fruit juice per meal	Fruit	Fruit	Fruit	Fruit	Fruit
	Juice	Juice	Juice	Juice	Juice
Milk Variety (Choose 1)	Milk - variety flavors	Milk - variety flavors	Milk - variety flavors	Milk - variety flavors	Milk - variety flavors