

SEPTEMBER						
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OCTOBER						
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NOVEMBER						
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DECEMBER						
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JANUARY						
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FEBRUARY						
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MARCH						
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APRIL						
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MAY						
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JUNE						
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Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Entrees  (Choose 1)  Grab & Go Packs *Consist of a complete minimum component for reimbursable meals	Toasted Grilled Cheese & Soup	Taco Stick	Spaghetti w/ Meatsauce & Garlic Bread	Domino's Cheese Pizza	Asian Day w/ Rice and Chicken Egg Roll
	Chicken Bites & Pretzel			Domino's Pepperoni Pizza	
*May choose one additional fruit and vegetable with pack	Chicken Caesar Salad	Turkey Stick Pack Turkey Stick, Cheese Stick, Cheddar Gold Fish Crackers, Fruit & Pretzels	Chicken Caesar Salad	Turkey Stick Pack Turkey Stick, Cheese Stick, Cheddar Gold Fish Crackers, Fruit & Pretzels	Garden Chef Salad
	Yogurt Pack Yogurt 8oz, Granola (2 oz), Fruit	Yogurt Parfait Pack Yogurt and Fruit Parfait w/Granola	Yogurt Pack Yogurt 8oz, Granola (2 oz), Fruit	Yogurt Parfait Pack Yogurt and Fruit Parfait w/ Granola	Yogurt Pack Yogurt 8oz, Granola (2 oz), Fruit
Veggies  (May choose 2)	Garden Side Salad	Garden Side Salad	Garden Side Salad	Garden Side Salad	Garden Side Salad
	Steamed Corn	Fiesta Beans	Steamed Broccoli	Seasoned Green Beans	Steamed Mixed Greens
Fruits  (May choose 2) *One fruit juice per meal	Fresh Celery Sticks	Fresh Baby Carrots	Fresh Cucumber Slices	Fresh Broccoli	Fresh Vegetable Medley
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	Chilled Fruit Cup	Chilled Fruit Cup	Cinnamon Baked Apples	Chilled Applesauce Cup	Frozen Fruit Juice Cup
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Entrees  (Choose 1)  Grab & Go Packs *Consist of a complete minimum component for reimbursable meals	Alfredo Pasta Primavera w/Garlic Bread	Meaty Cheese Nachos	Breakfast of Lunch (French Toast Sticks, Sausage Links (2), Scramble Eggs)	Domino's Cheese Pizza	Hamburger and Cheeseburger
	Chicken Tenders & Cornbread			Domino's Pepperoni Pizza	
*May choose one additional fruit and vegetable with pack	Chicken Caesar Salad	Turkey Stick Pack Turkey Stick, Cheese Stick, Cheddar Gold Fish Crackers, Fruit & Pretzels	Chicken Caesar Salad	Turkey Stick Pack Turkey Stick, Cheese Stick, Cheddar Gold Fish Crackers, Fruit & Pretzels	Garden Chef Salad
	Yogurt Pack Yogurt 8oz, Granola (2 oz), Fruit	Yogurt Parfait Pack Yogurt and Fruit Parfait w/Granola	Yogurt Pack Yogurt 8oz, Granola (2 oz), Fruit	Yogurt Parfait Pack Yogurt and Fruit Parfait w/ Granola	Yogurt Pack Yogurt 8oz, Granola (2 oz), Fruit
Veggies  ( May choose 2)	Jammer Sandwich Pack Jammer Sandwich w/ Graham Crackers & Cheesestick , Fruit	Jammer Sandwich Pack Jammer Sandwich w/ Graham Crackers & Cheesestick , Fruit	Jammer Sandwich Pack Jammer Sandwich w/ Graham Crackers & Cheesestick , Fruit	Jammer Sandwich Pack Jammer Sandwich w/ Graham Crackers & Cheesestick , Fruit	Jammer Sandwich Pack Jammer Sandwich w/ Graham Crackers & Cheesestick , Fruit
	Garden Side Salad	Garden Side Salad	Garden Side Salad	Garden Side Salad	Garden Side Salad
Fruits  (May choose 2) *One fruit juice per meal	Sweet Potato Wedges	Refried Beans	Tater Tots (Potatoe Wedges)	Steamed Mixed Greens	Steamed Corn
	Fresh Cucumber Slices	Fresh Broccoli	Fresh Baby Carrots	Fresh Veggie Medley	Fresh Celery Sticks
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	Cinnamon Baked Apples	Chilled Fruit Cup	Chilled Applesauce Cup	Chilled Fruit Cup	Frozen Fruit Juice Cup
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Entrees  (Choose 1)  Grab & Go Packs *Consist of a complete minimum component for reimbursable meals	Morning Star Chix Nuggets and Macaroni & Cheese	Cheese Quesadilla w/Salsa & Sour Cream (Beef, Bean and Cheese Burrito)	Chicken Wings w/Cheddar Goldfish Crackers	Domino's Cheese Pizza	Corn Dog Nuggets
	Hot dog on Bun			Domino's Pepperoni Pizza	
*May choose one additional fruit and vegetable with pack	Chicken Caesar Salad	Turkey Stick Pack Turkey Stick, Cheese Stick, Cheddar Gold Fish Crackers, Fruit & Pretzels	Chicken Caesar Salad	Turkey Stick Pack Turkey Stick, Cheese Stick, Cheddar Gold Fish Crackers, Fruit & Pretzels	Garden Chef Salad
	Yogurt Pack Yogurt 8oz, Granola (2 oz), Fruit	Yogurt Parfait Pack Yogurt and Fruit Parfait w/Granola	Yogurt Pack Yogurt 8oz, Granola (2 oz), Fruit	Yogurt Parfait Pack Yogurt and Fruit Parfait w/ Granola	Yogurt Pack Yogurt 8oz, Granola (2 oz), Fruit
Veggies  (May choose 2)	Jammer Sandwich Pack Jammer Sandwich w/ Graham Crackers & Cheesestick , Fruit	Jammer Sandwich Pack Jammer Sandwich w/ Graham Crackers & Cheesestick , Fruit	Jammer Sandwich Pack Jammer Sandwich w/ Graham Crackers & Cheesestick , Fruit	Jammer Sandwich Pack Jammer Sandwich w/ Graham Crackers & Cheesestick , Fruit	Jammer Sandwich Pack Jammer Sandwich w/ Graham Crackers & Cheesestick , Fruit
	Garden Side Salad	Garden Side Salad	Garden Side Salad	Garden Side Salad	Garden Side Salad
Fruits  (May choose 2) *One fruit juice per meal	Baked Beans	Fiesta Beans	Potato Sidewinders	Sweet Potato Wedges	Seasoned Green Beans
	Fresh Celery Sticks	Fresh Broccoli	Fresh Baby Carrots	Fresh Cucumber Slices	Fresh Veggie Medley
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	Chilled Fruit Cup	Chilled Fruit Cup	Chilled Applesauce Cup	Chilled Fruit Cup	Frozen Fruit Juice Cup

As always, the choice of menu items belongs to the student. For optimum nutrition, students are encouraged to take all five components; however, if the student chooses three or four components, one of the components must be a fruit or