

## Hampton City Schools Breakfast Menu - High Schools



### BREAKFAST PRICES

Elementary/Secondary - \$.90

Reduced - Free

Adult/Non-student - A la Carte

A variety of milk is offered daily.

<b>Entrees (Choose 1)</b>	Breakfast Pizza	Turkey Ham & Cheese on Hawaiian Bread	Beef Sausage & Cheese on a Mini Bagel	Breakfast Smoothie & Graham Crackers	Sausage Pancake on a Stick
	Yogurt w/ Graham Crackers	Yogurt w/ Graham Crackers	Yogurt w/ Graham Crackers	Yogurt w/ Graham Crackers	Yogurt w/ Graham Crackers
	Breakfast Ring Donut	Breakfast Ring Donut	Breakfast Ring Donut	Breakfast Ring Donut	Breakfast Ring Donut
	Breakfast Cereal	Breakfast Cereal	Breakfast Cereal	Breakfast Cereal	Breakfast Cereal
<b>Fruits &amp; Veggie ( May Choose 2) *One fruit juice per meal</b>	Juice	Juice	Juice	Juice	Juice
	Fruit	Fruit	Fruit	Fruit	Fruit
<b>Milk ( Choose 1)</b>	Milk	Milk	Milk	Milk	Milk

This district is an equal opportunity provider.

As always, the choice of menu items belongs to the student. For optimum nutrition, students are encouraged to take all five components; however, if the student chooses three or four components, **one of the components must be a fruit or vegetable serving.**

Menu Subject to Change