

**Hampton City Schools  
Elementary Lunch Menu  
Andrews, Asbury, Barron,  
Booker, Langley, Phenix, Smith, Tucker-Capps**

**FEBRUARY**

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

Locate date on calendar above to find coordinating menu week by color.

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Menu 1					
<b>Entrees</b>	Fettuccine Alfredo w/ Garlic Bread	Dominos Cheese Pizza	<b>Breakfast 4 Lunch</b> Pancake, Sausage Link & Scrambled Eggs	<b>Meaty Cheese Nachos</b>	Teriyaki Chicken w/ Rice and Egg Roll
		Dominos Pepperoni Pizza			
(Choose 1)	Chicken Tenders & Cornbread	<b>Chicken Filet Sandwich</b>	Corn Dog Nuggets		
<b>Grab &amp; Go Packs</b>	<b>Chicken Caesar Salad</b>	<b>Turkey Stick Pack</b> Turkey Stick, Cheese Stick, Goldfish Graham & Pretzel	<b>Chicken Caesar Salad</b>	<b>Turkey Stick Pack</b> Turkey Stick, Cheese Stick, Goldfish Graham & Pretzel	<b>Chicken Caesar Salad</b>
*Consist of a complete minimum component for reimbursable meals					
*May choose one additional fruit and vegetable with pack	<b>Yogurt Pack</b> Yogurt 8oz, Cocoa Cherry Bar, Gold Fish Graham, Fruit	<b>Yogurt Parfait Pack</b> Fruit and Yogurt Parfait w/ Granola	<b>Yogurt Pack</b> Yogurt 8oz, Cocoa Cherry Bar, Gold Fish Graham, Fruit	<b>Yogurt Parfait Pack</b> Fruit and Yogurt Parfait w/ Granola	<b>Yogurt Pack</b> Yogurt 8oz, Cocoa Cherry Bar, Gold Fish Graham, Fruit
	<b>Jammer Sandwich Pack</b> Jammer Sandwich w/ Graham Crackers & Cheese, Fruit	<b>Jammer Sandwich Pack</b> Jammer Sandwich w/ Graham Crackers & Cheese, Fruit	<b>Jammer Sandwich Pack</b> Jammer Sandwich w/ Graham Crackers & Cheese, Fruit	<b>Jammer Sandwich Pack</b> Jammer Sandwich w/ Graham Crackers & Cheese, Fruit	<b>Jammer Sandwich Pack</b> Jammer Sandwich w/ Graham Crackers & Cheese, Fruit
<b>Veggies</b>	Garden Side Salad	Garden Side Salad	Garden Side Salad	Garden Side Salad	Garden Side Salad
	Sweet Potato Wedges	Baked Beans	Tater Tots	Refried Beans	Steamed Mixed Greens
	Fresh Cucumber Slices	Fresh Broccoli	Fresh Baby Carrots	Fresh Veggie Medley	Fresh Celery Sticks
<b>Fruits</b>	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	Baked Apples and Sweet Potatoes	Chilled Fruit Cup	Chilled Applesauce Cup	Chilled Fruit Cup	Frozen Fruit Juice Cup
(May choose 2) *One fruit juice per meal					

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Menu 2					
<b>Entrees</b>	<b>Presto Pasta</b>	<b>Dominos Cheese Pizza</b>	<b>Chicken Wings w/ Rolls</b>	<b>Meaty Cheese Nachos</b>	<b>General Tso's w/ Rice and Egg Roll</b>
		<b>Dominos Pepperoni Pizza</b>	<b>Fish Stix and Mac &amp; Cheese</b>		
(Choose 1)	<b>Hot dog on Bun</b>	<b>Cheeseburger</b>			
<b>Grab &amp; Go Packs</b>	<b>Chicken Caesar Salad</b>	<b>Turkey Stick Pack</b> Turkey Stick, Cheese Stick, Goldfish Graham & Pretzel	<b>Chicken Caesar Salad</b>	<b>Turkey Stick Pack</b> Turkey Stick, Cheese Stick, Goldfish Graham & Pretzel	<b>Chicken Caesar Salad</b>
*Consist of a complete minimum component for reimbursable meals	<b>Yogurt Pack</b> Yogurt 8oz, Cocoa Cherry Bar, Gold Fish Graham, Fruit	<b>Yogurt Parfait Pack</b> Fruit and Yogurt Parfait w/ Granola	<b>Yogurt Pack</b> Yogurt 8oz, Cocoa Cherry Bar, Gold Fish Graham, Fruit	<b>Yogurt Parfait Pack</b> Fruit and Yogurt Parfait w/ Granola	<b>Yogurt Pack</b> Yogurt 8oz, Cocoa Cherry Bar, Gold Fish Graham, Fruit
*May choose one additional fruit and vegetable with pack	<b>Jammer Sandwich Pack</b> Jammer Sandwich w/ Graham Crackers & Cheese, Fruit	<b>Jammer Sandwich Pack</b> Jammer Sandwich w/ Graham Crackers & Cheese, Fruit	<b>Jammer Sandwich Pack</b> Jammer Sandwich w/ Graham Crackers & Cheese, Fruit	<b>Jammer Sandwich Pack</b> Jammer Sandwich w/ Graham Crackers & Cheese, Fruit	<b>Jammer Sandwich Pack</b> Jammer Sandwich w/ Graham Crackers & Cheese, Fruit
<b>Veggies</b>	<b>Garden Side Salad</b>	<b>Garden Side Salad</b>	<b>Garden Side Salad</b>	<b>Garden Side Salad</b>	<b>Garden Side Salad</b>
	<b>Steamed Broccoli</b>	<b>Sweet Potato Wedges</b>	<b>Potato Sidewinders</b>	<b>Fiesta Black Beans</b>	<b>Seasoned Green Beans</b>
	(May choose 2) <b>Fresh Celery Sticks</b>	<b>Fresh Broccoli</b>	<b>Fresh Baby Carrots</b>	<b>Fresh Cucumber Slices</b>	<b>Fresh Veggie Medley</b>
<b>Fruits</b>	<b>Fresh Fruit</b>	<b>Fresh Fruit</b>	<b>Fresh Fruit</b>	<b>Fresh Fruit</b>	<b>Fresh Fruit</b>
(May choose 2) *One fruit juice per meal	<b>Chilled Fruit Cup</b>	<b>Chilled Fruit Cup</b>	<b>Chilled Applesauce Cup</b>	<b>Chilled Fruit Cup</b>	<b>Frozen Fruit Juice Cup</b>

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Menu 3					
<b>Entrees</b>  (Choose 1)	Toasted Grilled Cheese & Soup	Dominos Cheese Pizza	Spaghetti w/ Meatsauce & Garlic Bread	<b>Soft Taco</b>	Sweet & Sour Chicken w/ Rice and Egg Roll
	Chicken Bites & Rolls	Dominos Pepperoni Pizza			
		Hamburger			
<b>Grab &amp; Go Packs</b>  <i>*Consist of a complete minimum component for reimbursable meals</i>	<b>Chicken Caesar Salad</b>	<b>Turkey Stick Pack</b> Turkey Stick, Cheese Stick, Goldfish Graham & Pretzel	<b>Chicken Caesar Salad</b>	<b>Turkey Stick Pack</b> Turkey Stick, Cheese Stick, Goldfish Graham & Pretzel	<b>Chicken Caesar Salad</b>
<i>*May choose one additional fruit and vegetable with pack</i>	<b>Yogurt Pack</b> Yogurt 8oz, Cocoa Cherry Bar, Gold Fish Graham, Fruit	<b>Yogurt Parfait Pack</b> Fruit and Yogurt Parfait w/ Granola	<b>Yogurt Pack</b> Yogurt 8oz, Cocoa Cherry Bar, Gold Fish Graham, Fruit	<b>Yogurt Parfait Pack</b> Fruit and Yogurt Parfait w/ Granola	<b>Yogurt Pack</b> Yogurt 8oz, Cocoa Cherry Bar, Gold Fish Graham, Fruit
	<b>Jammer Sandwich Pack</b> Jammer Sandwich w/ Graham Crackers & Cheese, Fruit	<b>Jammer Sandwich Pack</b> Jammer Sandwich w/ Graham Crackers & Cheese, Fruit	<b>Jammer Sandwich Pack</b> Jammer Sandwich w/ Graham Crackers & Cheese, Fruit	<b>Jammer Sandwich Pack</b> Jammer Sandwich w/ Graham Crackers & Cheese, Fruit	<b>Jammer Sandwich Pack</b> Jammer Sandwich w/ Graham Crackers & Cheese, Fruit
<b>Veggies</b>  (May choose 2)	Garden Side Salad	Garden Side Salad	Garden Side Salad	Garden Side Salad	Garden Side Salad
	Steamed Corn	Baked Beans	Steamed Broccoli	Seasoned Green Beans	Steamed Mixed Greens
	Fresh Celery Sticks	Fresh Baby Carrots	Fresh Cucumber Slices	Fresh Broccoli	Fresh Vegetable Medley
<b>Fruits</b>  (May choose 2) <i>*One fruit juice per meal</i>	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	Chilled Fruit Cup	Chilled Fruit Cup	Cinnamon Baked Apples	Chilled Applesauce Cup	Frozen Fruit Juice Cup

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