

**Hampton City Schools  
Elementary Lunch Menu  
Andrews, Asbury, Barron,  
Booker, Langley, Phenix, Smith, Tucker-Capps**

**JANUARY**

		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Locate date on calendar above to find coordinating menu week by color.

**Hampton City Schools  
Elementary Lunch Menu  
Andrews, Asbury, Barron,  
Booker, Langley, Phenix, Smith, Tucker-Capps**

Menu 1					
<b>Entrees</b>	Fettuccine Alfredo w/ Garlic Bread	Dominos Cheese Pizza	<b>Breakfast 4 Lunch</b> Pancake, Sausage Link & Scrambled Eggs	<b>Meaty Cheese Nachos</b>	Teriyaki Chicken w/ Rice and Egg Roll
		Dominos Pepperoni Pizza			
(Choose 1)	Chicken Tenders & Cornbread	Chicken Filet Sandwich	Corn Dog Nuggets		
<b>Grab &amp; Go Packs</b>	<b>Salad and Sandwich Pack</b> Chicken Caesar Salad & Sunberry Crunch Wrap	<b>Salad and Sandwich Pack</b> Turkey Chef Salad & Sunberry Crunch Wrap	<b>Salad and Sandwich Pack</b> Chicken Caesar Salad & Sunberry Crunch Wrap	<b>Salad and Sandwich Pack</b> Garden Chef Salad & Sunberry Crunch Wrap	<b>Salad and Sandwich Pack</b> Chicken Caesar Salad & Sunberry Crunch Wrap
*Consist of a complete minimum component for reimbursable meals	<b>Yogurt Pack</b> Yogurt 8oz, Cocoa Cherry Bar, Gold Fish Graham, Fruit	<b>Yogurt Parfait Pack</b> Fruit and Yogurt Parfait w/ Granola	<b>Yogurt Pack</b> Yogurt 8oz, Cocoa Cherry Bar, Gold Fish Graham, Fruit	<b>Yogurt Parfait Pack</b> Fruit and Yogurt Parfait w/ Granola	<b>Yogurt Pack</b> Yogurt 8oz, Cocoa Cherry Bar, Gold Fish Graham, Fruit
	<b>Jammer Sandwich Pack</b> Jammer Sandwich w/ Graham Crackers & Cheese, Fruit	<b>Jammer Sandwich Pack</b> Jammer Sandwich w/ Graham Crackers & Cheese, Fruit	<b>Jammer Sandwich Pack</b> Jammer Sandwich w/ Graham Crackers & Cheese, Fruit	<b>Jammer Sandwich Pack</b> Jammer Sandwich w/ Graham Crackers & Cheese, Fruit	<b>Jammer Sandwich Pack</b> Jammer Sandwich w/ Graham Crackers & Cheese, Fruit
	*May choose one additional fruit and vegetable with pack				
<b>Veggies</b>	Garden Side Salad	Garden Side Salad	Garden Side Salad	Garden Side Salad	Garden Side Salad
	Sweet Potato Wedges	Baked Beans	Tater Tots	Refried Beans	Steamed Mixed Greens
	Fresh Cucumber Slices	Fresh Broccoli	Fresh Baby Carrots	Fresh Veggie Medley	Fresh Celery Sticks
<b>Fruits</b>	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	Baked Apples and Sweet Potatoes	Chilled Fruit Cup	Chilled Applesauce Cup	Chilled Fruit Cup	Frozen Fruit Juice Cup
(May choose 2) *One fruit juice per meal					

**Hampton City Schools**  
**Elementary Lunch Menu**  
**Andrews, Asbury, Barron,**  
**Booker, Langley, Phenix, Smith, Tucker-Capps**

Menu 2					
<b>Entrees</b>	Morning Star Casserole and Garlic Bread	Dominos Cheese Pizza	Chicken Wings w/ Rolls	<b>Meaty Cheese Nachos</b>	<b>General Tso's w/ Rice and Egg Roll</b>
		Dominos Pepperoni Pizza	Fish Stix and Mac & Cheese		
(Choose 1)	Hot dog on Bun	Cheeseburger			
<b>Grab &amp; Go Packs</b>	<b>Salad and Sandwich Pack</b>	<b>Salad and Sandwich Pack</b>	<b>Salad and Sandwich Pack</b>	<b>Salad and Sandwich Pack</b>	<b>Salad and Sandwich Pack</b>
*Consist of a complete minimum component for reimbursable meals	Chicken Caesar Salad & Italian Slider Sandwich	Buffalo Chicken Chef Salad & Italian Slider Sandwich	Chicken Caesar Salad & Italian Slider Sandwich	Buffalo Chicken Chef Salad & Italian Slider Sandwich	Chicken Caesar Salad & Italian Slider Sandwich
*May choose one additional fruit and vegetable with pack	<b>Yogurt Pack</b>	<b>Yogurt Parfait Pack</b>	<b>Yogurt Pack</b>	<b>Yogurt Parfait Pack</b>	<b>Yogurt Pack</b>
	Yogurt 8oz, Cocoa Cherry Bar, Gold Fish Graham, Fruit	Fruit and Yogurt Parfait w/ Granola	Yogurt 8oz, Cocoa Cherry Bar, Gold Fish Graham, Fruit	Fruit and Yogurt Parfait w/ Granola	Yogurt 8oz, Cocoa Cherry Bar, Gold Fish Graham, Fruit
	<b>Jammer Sandwich Pack</b>	<b>Jammer Sandwich Pack</b>	<b>Jammer Sandwich Pack</b>	<b>Jammer Sandwich Pack</b>	<b>Jammer Sandwich Pack</b>
	Jammer Sandwich w/ Graham Crackers & Cheese, Fruit	Jammer Sandwich w/ Graham Crackers & Cheese, Fruit	Jammer Sandwich w/ Graham Crackers & Cheese, Fruit	Jammer Sandwich w/ Graham Crackers & Cheese, Fruit	Jammer Sandwich w/ Graham Crackers & Cheese, Fruit
<b>Veggies</b>	Garden Side Salad	Garden Side Salad	Garden Side Salad	Garden Side Salad	Garden Side Salad
	Steamed Broccoli	Sweet Potato Wedges	Potato Sidewinders	Fiesta Black Beans	Seasoned Green Beans
	Fresh Celery Sticks	Fresh Broccoli	Fresh Baby Carrots	Fresh Cucumber Slices	Fresh Veggie Medley
<b>Fruits</b>	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	Chilled Fruit Cup	Chilled Fruit Cup	Chilled Applesauce Cup	Chilled Fruit Cup	Frozen Fruit Juice Cup
(May choose 2) *One fruit juice per meal					

**Hampton City Schools  
Elementary Lunch Menu  
Andrews, Asbury, Barron,  
Booker, Langley, Phenix, Smith, Tucker-Capps**

Menu 3									
<p style="text-align: center;"><b>Entrees</b></p> <p style="text-align: center;">(Choose 1)</p> <p style="text-align: center;"><b>Grab &amp; Go Packs</b></p> <p><i>*Consist of a complete minimum component for reimbursable meals</i></p> <p><i>*May choose one additional fruit and vegetable with pack</i></p>	Toasted Grilled Cheese & Soup	Dominos Cheese Pizza							
	Chicken Bites & Rolls	Meat sauce & Soft Taco				Sweet & Sour Chicken w/ Rice and Egg Roll			
	Salad and Sandwich Pack	6	7	8	9	10	11	12	Salad and Sandwich Pack
	Chicken Caesar Salad & Turkey Croissant Sandwich	13	14	15	16	17	18	19	Chicken Caesar Salad & Turkey Croissant Sandwich
	Yogurt Pack	Yogurt Parfait Pack				26	Yogurt Pack		
	Yogurt 8oz, Cocoa Cherry Bar, Gold Fish Graham, Fruit	Yogurt 8oz, Cocoa Cherry Bar, Gold Fish Graham, Fruit				27	Yogurt 8oz, Cocoa Cherry Bar, Gold Fish Graham, Fruit		
	Jammer Sandwich Pack	Jammer Sandwich Pack	Jammer Sandwich Pack	Jammer Sandwich Pack	Jammer Sandwich Pack	Jammer Sandwich Pack	Jammer Sandwich Pack	Jammer Sandwich Pack	
	Jammer Sandwich w/ Graham Crackers & Cheese, Fruit	Jammer Sandwich w/ Graham Crackers & Cheese, Fruit	Jammer Sandwich w/ Graham Crackers & Cheese, Fruit	Jammer Sandwich w/ Graham Crackers & Cheese, Fruit	Jammer Sandwich w/ Graham Crackers & Cheese, Fruit	Jammer Sandwich w/ Graham Crackers & Cheese, Fruit	Jammer Sandwich w/ Graham Crackers & Cheese, Fruit	Jammer Sandwich w/ Graham Crackers & Cheese, Fruit	
	Garden Side Salad	Garden Side Salad	Garden Side Salad	Garden Side Salad	Garden Side Salad	Garden Side Salad	Garden Side Salad	Garden Side Salad	
	Steamed Corn	Baked Beans	Steamed Broccoli	Seasoned Green Beans	Steamed Mixed Greens				
Fresh Celery Sticks	Fresh Baby Carrots	Fresh Cucumber Slices	Fresh Broccoli	Fresh Vegetable Medley					
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit					
Chilled Fruit Cup	Chilled Fruit Cup	Cinnamon Baked Apples	Chilled Applesauce Cup	Frozen Fruit Juice Cup					