

Hampton City Schools Moton Pre-K

JANUARY

[Blue bar]						
		1	2	3	4	5
[Green bar]						
6	7	8	9	10	11	12
[Yellow bar]						
13	14	15	16	17	18	19
[Blue bar]						
20	21	22	23	24	25	26
[Green bar]						
27	28	29	30	31		

Locate date on calendar above to find coordinating menu week by color.

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Menu 1					
Entrée	Chicken Tenders & Cornbread	Meaty Cheese Nachos	Breakfast 4 Lunch (Waffles, Sausage, Scrambled Eggs)	Dominos Cheese Pizza	Jammer Sandwich
Veggies	Sweet Potato Wedges	Refried Beans	Tater Tots	Steamed Mixed Veggies	Fresh Broccoli
Fruits	Chilled Fruit	Chilled Fruit	Chilled Applesauce Cup	Chilled Fruit	Chilled Fruit
	White Milk	White Milk	White Milk	White Milk	White Milk
Menu 2					
Entrees	Hamburger on Bun	Beef and Cheese Chalupa	Macaroni & Cheese	Dominos Cheese Pizza	Jammer Sandwich
Veggies	Potato Sidewinders	Baked Beans	Seasoned Green Beans	Steamed Mixed Veggies	Fresh Broccoli
Fruits	Cinnamon Baked Apples	Chilled Fruit	Chilled Applesauce Cup	Chilled Fruit	Chilled Fruit
	White Milk	White Milk	White Milk	White Milk	White Milk
Menu 3					
Entrée	Chicken Bites & Roll	Soft Taco	Spaghetti w/ Meatsauce	Dominos Cheese Pizza	Jammer Sandwich
Veggies	Mashed Potatoes	Fiesta Black Beans	Steamed Broccoli	Steamed Mixed Veggies	Fresh Broccoli
Fruits	Cinnamon Baked Apples	Chilled Fruit	Chilled Fruit	Chilled Fruit	Chilled Fruit
	White Milk	White Milk	White Milk	White Milk	White Milk